

Awakening in Mongolia

August 2010 --- Ulla Anderén and Gary Kendall



We were working near the ancient pyramid at Sakkara in Egypt when Mongolia came through again. Ulla was taken by the Grand Masters of the Light and shown where the energetic grid around the Earth was unfinished. They showed her a vision of how Mongolia would be important for stabilizing the New Earth. We had already planned a trip to Mongolia, though we had little idea of its significance. The ancient land of Mongolia stretches well to the south across the border into what China calls 'lower Mongolia.' It is there by an ancient lake that a great higher-dimensional world is anchored. The last of the Earth's great Cities of Light was established there. From within 'upper Mongolia' we would be as close to the City of Light as was practical.

First Day

We were joined by Theo Paredes from Peru and Anne Wells from the US. Both had joined us on previous journeys. We had all flown in to Ulaanbaatar, the capital and the largest city in Mongolia. Our guide to Mongolia was Hatna, who met us in the lobby of our hotel the morning of the first day. We set out in our passenger van through the Ulaanbaatar traffic and then out a highway into the unforested hilly land, the



great steppes of Mongolia. It was a rainy and windy day. The weather let up only to start up once again. Across those miles of uninterrupted space we plied our guide with questions. We asked about the recent history of Mongolia and the peaceful revolution of 1990 that overthrew the communist government. We asked about his youthful experiences having lived with nomadic relatives. We were lucky to have so many miles of good road. Then it was off onto a dirt road. We circled around a small mountain with ancient outcroppings of rock while crisscrossing one dirt road after another. On a rise leading up toward some of the more interesting rock formations, we found our camp. There were six or so of the nomadic round houses, called gers by the Mongolians and yerts by the Europeans. One large ger would serve as our dinning room. Once the fires had been set in the small wood-burning stoves in the middle of our individual gers, we felt warm and dry after that long ride through the rain.

The four of us gathered together in one ger for an initial ceremony. We asked permission of the local guardians; we called in the guides who had led us here, especially the Grand Masters of the Light who are the judges and guardians of Earth's transition to a higher spiritual level. Ulla was quickly connected to the Andromedan star people, who we discovered were deeply interested in this region. These nomadic people are Andromedan star seeds and what the Andromedans wanted now was to reactivate their connection. This was part of the Earth's realignment with other star systems and the reopening of communication with star people. Meanwhile, Gary had joined a meeting in the Mongolian City of Light led by Lord Maitreya. The group, which included

many local Masters, was focused on visualizing and giving detail to the New Earth that would come after the transition. There was a great deal of work integrating the many visions and deciding on a common path to the future. Each day, the New Earth becomes more of a reality and takes on a more specific shape. In the end the Grand Masters of the Light entered and approved the group's work. At the ceremony's end, it was quickly to sleep in our gers for our first night in the complete openness of the Mongolian steppes.

Second Day

After a quick breakfast that managed to combine western and Mongolian tastes, we drove off around the mountain to the site of a restored Buddhist monastery. After visiting the one small, active temple there, we walked up the side of the hill to establish our space between two large rock faces. Despite the fact that none of us felt particularly comfortable, we began our ceremony. We each found ourselves working through resistance. The spirit of Ayawaska came to Theo and told him to call in the King Serpent Spirit to clear away the fog. Anne connected to a dragon spirit caught in confusion because of the connection between Mongolia and Tibet had been broken. We spent well over an hour doing little more than pushing through density. Maybe this was meant to be, but why? We closed this session and drove back to camp for lunch.



During the afternoon Hatna took us across the small valley to the ger of a family that was living close by. We had watched their flock of goats and sheep roaming around our camp and all through the valley. The wife of the family was home with her children. She invited us into their ger and offered us a fresh yogurt drink that had been made that morning. The interior of the ger was comfortable and colorful. We went outside with the wife as she milked goats before we walked back to our camp.

Later that afternoon we sat down together under a shade tree near our gers. The weather was beautiful and the air clear, but the resistance had not gone away. Anne had a vision of a very ancient man who was afraid of the star people waging war above him. Theo had a vision of ancient people full of sadness and fear. Gary was searching for a way to break through what was obviously a veil of secrecy. Star people offered no help. But a great calamity had happened in this region. The story led back to Egypt at the time when the Sirians had genetically modified humanity to liberate them from the enslavement of the Orions and Annunaki. Empowered by their new capacity for free will, many groups of humans had left Africa and headed out into new regions. One group had prospered as it moved into the steppes of central Asia. This group also came under the conscious influence of those dark forces from which humanity has just escaped physical enslavement. These people exercised their right of free will and choose this alignment with the dark. The Sirians, fearing the repeat of tragedies that had occurred at other places and in other times, reacted by destroying the entirety of these people with disease. It must have seemed that the product of their hard work had gone out of control. The Sirians must have felt that they were once again having to salvage the plans for Earth, but they had also violated the free will of the humans they had helped to liberate. The karmic consequences were huge for the Sirians and for Earth. And now in our time, the truth had to be acknowledged and the karma released before Earth could complete its upcoming transition. The release was a difficult process. The Karmic Board simply turned to the Intergalactic Council where the Sirian representatives sat. Mistakes had been made. The Grand Masters of the Light and other beings of high dimensions stepped in to guide the process of reconciliation with a great divine compassion. The whole conduct of star people giving guidance to Earth was open for examination. Karma had to be released from everyone, Sirian and human.

Ulla was shown events that had happened somewhat later in history. Many of the original souls who had migrated into this region later reincarnated in a people who then became trapped by glaciers and perished at the beginning of the ice age. Many of these souls had then reincarnated

in the people who live on in Mongolia now. These were the original Andromedan star seeds, and the early suppression of these people by the Sirians had the side effect of repressing Andromedan influence on the evolution of the Earth.



Third Day

We had planned a trip to Karakorum this day, the capitol of Kubla Khan's empire and the site of a major Buddhist temple complex. Because we knew we faced a long car trip, we decided to hold our first ceremony in the morning before we left. We gathered again under the shade tree near our gers. The feeling of resistance from yesterday had not completely dissipated. Ulla was again connected to the Andromedans. They wanted to continue strengthening their connection with the Earth and to help their 'children'. "Because of your own Andromedan connection, that is why we have asked you to come here." Ulla gave space within herself to the process that was beginning and saw many Andromedan beings coming down, spreading out into the area. Their mission was to help the people by re-activating a dormant part of their DNA that had held the connection to their star origin. The Andromedans said that the people would feel this in their bodies. "And by this activation they will raise their consciousness and their frequency." "They will awaken to their own origins."

Gary initially found himself in an unfamiliar looking place. First came confirmation that it was indeed the Mongolian City of Light, and then, understanding that the strange spherical architecture was indeed Andromedan. Gary helped make connections up through the dimensions between the city and the New Earth. Level by level the space was transforming, seemingly in synchronization with the Andromedan light beings coming through Ulla. Something very important for the Earth was shifting: Gary had the perception that Andromedan energy had never manifested on Earth in quite this way before. The City of Light was penetrating into the land and the Andromedan souls in the region lit up like stars in the sky. The whole region was being transformed.



The drive to Karakorum included a stop by a shallow lake to watch the water birds and beasts. We stopped for lunch outside of the old Soviet-era part of Karakorum at a scenic monument looking out over the river valley. The Buddhist monastery complex of Erdenezuzu is impressive even though most of it was destroyed during the Soviet purges of the 1930's. We lingered on in the monastery so long that we had to rush back to camp for our second meditation of the day. Our driver seemed to cover the same distance as the morning in half the time!

As the ceremony started, Ulla was met by Lord Matreya. It was time for him to make himself present within this work. Ulla saw him downloading information, dimension by dimension, with encodings: "pieces of consciousness that would be available to us in the New Era." The people of this region will bring great strengths to the New Era. The Arcturians were now very present

and clearing heaviness from the land. Gary could see the work through their eyes. Arcturians cooperating with the Andromedans: the combination of their energies made a wonderful lattice of light. Connections were being made to other Cities of Light. This Mongolian City of Light, was truly a jewel for the New Era. This would be the seat of power for Lord Maitreya.

Fourth Day

Gary woke up in the ger with a short 'message' waiting for him. The Grand Masters of the Light revealed an image of the Earth in balance on a tipping point. Surely this must have some significance for the day's work. After breakfast we gathered again under our shade tree. Ulla started things off by asking us to join in the center of the earth and to make a connection with the central sun. This clearly had to do with the balance and the tipping point. It was about shifting the position of Mother Earth in the network of the stars. "This is Mother Earth's journey," as Theo said, "and we have to cooperate in the shift." It felt akin to delivering a baby: we helped to hold the Earth as it was delivered to the Central Sun. During the process, the frequency was rising to higher and higher levels of consciousness. Ulla could see how the shift to this higher consciousness would become easier and lighter for people. (It seemed that the Andromedan connection to Earth that we had worked with for days had been an essential step in getting to this point.) In the City of Light, the Masters were weaving connections through the stars and distance galaxies, through many parts of All-That-Is. Then a moment of clarity: The goal of the Intergalactic Council's work has been to weave different consciousnesses together. The great consciousnesses that stretch through the expanse of All-That-Is have been looking to join together. The very creation of Earth, the joining of so many star seeds, was part of that project.

How clear and deep the Mongolian landscape seemed as we woke from this ceremony, this great dream of cosmic consciousness. This was our last day camping at this location. We packed and loaded ourselves into the van for the long trip to Hustai National Park. Traveling across the miles and miles of open steppes, one becomes enchanted by the grass's many shades of green: bright green, yellow-green, green mixed with orange, fields of green with purple flowers. The clouds float across the ocean of blue while casting their shadows on the ocean of green.

The camp that we arrived at was a bit of a shock, a permanent camp with concrete foundations under 40 or so gers. It was mid afternoon and we didn't wait long before heading out into the hills of the park to see the wildlife. The 'takhi' horses (otherwise known as Przewalskii horses) are the only true wild horses left in the world and here they roamed freely across the hilly land. We watched quietly as first one small group and then another came down from the hills to drink by a small stream.



Fifth Day



Far on the other side of the Hustai Park and near to the great Tuul River was an ancient site of standing stones. We felt drawn to go there and work. Hatna explained that the site dated back to the "Turkish" period. (In the airport we had learned from a Turkish tourist that many today's Turkish people trace their family's histories back to Mongolia, the motherland.) It was a long, careful drive through the scenic hills and down into the flat river valley. Along the river we stopped so that Hatna could introduce us to a family who owned a large herd of horses. This family's horses were famous in Mongolian horse racing where the horses can run at constant gallop for 15-30 kilometers. We met the family's young son who had won the most recent of these races.

The first view of our site was a straight line of standing stones that numbered in the hundreds. They led to a ceremonial center where there were stones with carved faces and bodies. We studied the land around us. Yes, star people had been here, even before these stones had been erected. And, an enlightened one had been here too.



We set our space at one end of the area, near to an old tomb. Gary joined a meeting of the Intergalactic Council. There were issues that still needed to be resolved, especially involving the Sirians and the Andromedans. Guidance came again from the Grand Masters of the Light and those great consciousnesses of All-That-Is who had motivated the Earth's creation. The Andromedan contribution was important for the future of Earth and was now being woven into the fabric of Earth's energy in a new way. Anne was again connected to that ancient man who had feared the wars of the star people: the issues reached back in time to the destruction of the original people here in Mongolia. The Orions had a role in that process. The healing had to reach deep and the Orions were invited into the meeting. The 'battle of light and dark' had to be transcended and this was done in part by acknowledging the role of the Orions in the great plan. The Intergalactic Council would be expanded to include new members, bringing the total membership up to thirteen---the Orions among them. The old lines of separation would be re-drawn and the work of the Council would be re-focused. We thought that there was support in all this for one of humanity's major lessons: not giving our power away even to star people who intend us well. The star people had projected their own issues onto us and it was now time for everyone to move on. This breaking through of these old constructs would assist the final phase of Earth's transition.



Ulla had been working to clear the New Earth's connection to the stars, the Central Sun and especially to Andromeda. She could see the Earth embedded in a new higher-dimensional consciousness as the work of the Council had progressed. The stage had been set. It was now ready for our brothers and sisters in humanity to step into this higher consciousness. This is the true final step. Humans need to populate the space of this New Earth. Theo related these events to the Peruvian legend of Piatiti. Often discussed as if it were a physical location, Theo said that it was in fact this state of higher consciousness that had long been foreseen.

Hatna took us back to camp via an alternative route that seemed rarely traveled. The trip gave us plenty of time to process and reflect. Somehow, things were not complete.

Sixth Day

There had been a violent thunderstorm and lots of rain the night before. The camp had lost electricity and was in the dark for a while. We awoke to a morning that was a continuation of the rain. We simply loaded ourselves up in our van and headed back to Ulaanbaatar, cold and restless. Back at our hotel, we gathered in one of our rooms to try and get through one final session. We all felt some heaviness. Anne worked with her guides to bring clearing from Ulaanbaatar out into the countryside. Theo had visions of how humanity could work with difficult planetary energy. "The way to work with it is in your heart. . . Instead of seeing with pain and sorrow, you can be like a vacuum cleaner and bring it into the heart that begins to shift it to something higher." This breathing in and out is happening in every cell and all through the universe he said.

At the very beginning of the session, Ulla had mentioned that this trip to Mongolia marked the end of our earthwork as we have experienced over the last six years. That had already been told to us. As soon as she went into trace, she entered a pyramid of illumination. When she looked behind her, she saw the image of her own footsteps tracing her path into the pyramid. It was a path to show other people. A new agenda had emerged. Gary asked what people needed for this new path and was shown a diagram of four key energies united in a golden circle. These energies could connect people to the New Earth space that had been prepared for them: they are an elevator for moving humanity to the 5th-dimensional Earth. The core of the process is centered in the heart and the Master of the Soul Matrix revealed linkages to the heart chakra and the soul matrix. There were new encodings coming in; there were new alignments with guides.

The foundation of our work has been shifted, expanded and clarified. There is another trip emerging; this one to Nepal. And there will be workshops in a variety of countries: new teachings and new formats focused on the New Human. A doorway has open and it is our job to assist the people in populating the New Earth.

New Earth Vision - Ulla Anderén and Gary Kendall

We work to assist the earth and her peoples toward their next stage of spiritual evolution. We have assisted the transition of the earth to the higher-dimensional New Earth through 'Earthwork' conducted across the globe. We also assist humanity's transition to fifth-dimensional consciousness by anchoring and activating the New Human energy field. We offer trainings in energetic healing, and for individuals who seek assistance along their path of spiritual evolution, we offer individual healing.



We have established this newsletter to share knowledge and to make connection with others who are conscious of the Earth's transition. Please, feel free to share this newsletter with others and to send us the email address of anyone who would like to receive future newsletters. And, if you would like to know more about this work,

come visit our website at

<http://www.newearthvision.org>

Our Backgrounds. *We have both studied energetic healing in Mt. Shasta with Amarah Quan Yin who is our principal teacher. We have both also worked with Peruvian healers, especially don Victor Estrada who is the person who introduced us to each other back in 2000. Ulla started her spiritual training in Sweden with Ambres while Gary started his in the US with Peruvian teachers.*