

# Third Activation of the Sphinx and Giza Plateau

## Egypt, May 2010 --- Ulla Anderén and Gary Kendall

It was two years ago that we had a momentous encounter with Giza. We participated in what we later understood was the second of three important activations of the Sphinx. The first had been completed by other light workers who preceded us. We were thrilled to be participants in the second activation and we eagerly hoped for the opportunity to be involved with the third. We understood that the third activation could not take place until the time was right, not until the transition to the New Earth had reached the right stage.

Early in 2010, the call came from the guides. Would we be able to be in Giza in the early summer? Yes, of course. Our opportunity was here. As we looked ahead to try to understand what this work might be, one message was clear: we must be ready to let go of our preconceptions about Giza, the great Hall of Records and the Sphinx. Our old ideas suddenly seemed heavy.

Interestingly, a month before going to Egypt, we encountered an ethereal library like the Hall of Records at Cutimbo, Peru, near Lake Titicaca. We had helped to raise this hidden library and to add it to the energetic grid that connects the Earth's invisible Cities of Light. It was a pyramid that contained a Temple of Illumination in approximately the same location as the King's Chamber in the Great Pyramid. Was this preparation for Egypt? Another important connection between Egypt and Peru?

The work at Giza would require a high level of awareness and focus. We assembled a small group of experienced light workers. Gunilla Corell and Kerstin Brodin came along with ourselves, Gary and Ulla. Absent was our friend Anne Wells who had been taken sick, leaving our group at four. We arrived in Cairo on May 21st and were met at the airport by Abdullah, our guide, and Ratiba, the matriarch of the Fayed family. We were welcomed to stay in the Fayed home, which sits directly across from the Sphinx. That evening we ate a wonderful welcoming meal of traditional foods on the roof of their house and watched the sun sink behind the pyramids and the Giza plateau. The four of us had been here many times before.



### First Day - "This is the transition!"

We were up at 6:30 for breakfast at 7 and then out to Giza by 8 to beat the heat of the sun. Recent days had been extremely hot. This morning, Abdullah had taken us to a temple courtyard near to the third pyramid, the Pyramid of Menkaure. There are many recent changes in Egypt and one of those changes is that spiritual groups are pressured to pay excessive fees if they want to hold any kind of ceremony at Giza. It takes an experienced guide to find where to sit and do light work without things becoming impossible. In this courtyard, we could barely be seen by anyone. And besides, all the guards around there knew Abdullah who had grown up as a child playing in these ruins.

We formed our circle (really more of a square) and set protective fields around our space. We had noticed earlier that the Hathors were very present around Giza. We were guided into setting an additional energetic field around the group, but this turned out not to be a conventional field at all. It was a spherical web of light (resembling a geodesic sphere or a Platonic solid). As our

work got started, it expanded to surround all of Giza. In our vision, the section of Giza with the pyramids is only one quadrant. The Giza we see is a huge circular area centered around the Solar Cross, a deep well set off in the desert. This 'whole' Giza area is what the sphere of light now encompassed.

From within this spherical structure, our work then proceeded along two difference lines. Gary and Kerstin worked with this sphere to clear Giza's history. They saw a kind of fire start within the space working its way through the dimensions and back through time. The whole history of Giza was being reviewed. Events stuck in the past, traumas and triumphs were being burned away. Whatever held Giza back from being totally in the present moment was being released. The present moment had to be cleared of limitations from the past.

Ulla and Gunilla were working to strengthen the connection between Giza and the star people, especially the Sirians. They could see how the Great Pyramid had been a high-dimensional communication link between the ancient Egyptians and the Sirians. First, the Great Pyramid's physical form had to be brought into alignment with its energetic, crystalline form. And then, the communication channel, which connected Sirius to the center of the earth, had to be cleared.

"This is the transition! It is happening right here and now," we heard.

The session came to an end and we walked back through the crowds of tourists toward the Fayed house where we ate a traditional lunch. After a good rest, we were ready to work again. This time we gathered in the early evening on the roof of the Fayed house well after the intense heat of the sun had dissipated. We waited for the end of the Islamic call to prayer echoing across the distant neighborhoods before we restarted our work.



## The Mystery of the Sphinx

"There has been a huge misunderstanding about the Sphinx's task. It is a guardian to the field of consciousness that is held here. . . . it is a misunderstanding that people will find something physical here. People have been looking for an object, something tangible to hold onto. . . . People will get access to the field when they hold the new awareness. It will all become part of common knowledge." This is what Ulla was told as she started working on the Sphinx. She was told to release the limiting energies that people had projected onto the Sphinx over so many centuries. As the field cleared, the field of consciousness appeared as an energetic bubble, which Kerstin also saw as she worked on the Sphinx.

Gary had gone back to working with the huge spherical device around Giza. Last time a fire-like energy had propelled changes. This time there was a kind of dynamic magnetism working its way down from the high dimensions, one dimension at a time, harmonizing and synchronizing Giza's energies. This work had a particularly Hathor flavor to it. In fact, there was a Hathor master supervising the whole process. After reaching the 5th dimension, there was a calm period of integration. In our combined vision, this is when the bubble of consciousness that Ulla and Kerstin had seen around the Sphinx expanded and integrated with the field of the device surrounding all of Giza. The third activation of the Sphinx had happened. From a higher-dimensional perspective, this was now a unified space. As we watched, the whole construct was securely connected to the core of the earth. The sun was descending and the Giza tourists had all gone as we left the roof and headed for our rooms.

## Second Day - The Energy of Infinite Possibilities

This morning Ali, a friend of Abdullah, took us by foot up to a group of buildings to the right and somewhat behind the Sphinx. With all of the people scurrying around, seems that hardly anyone goes there. We found a shady spot to set our circle just behind a building that Ali calls the

Temple of the Sphinx. The energy was calm and smooth, especially in comparison to the energy of the people bustling around the Sphinx itself.

Ulla was taken to the Great Pyramid and saw the King's Chamber as a Temple of Illumination, just as we had seen in Cutimbo, Peru. She entered the chamber and was taken to a room on Sirius where she had been before, during the second activation. "We will show humanity the splendor of Giza through the many dimensions, as soon as your minds are totally free." There was a veil across Giza that blocked access to its true multi-dimensional reality and this veil had been woven out of human thought-forms. "Humanity's challenge now is to let go of these old thought-forms." Then the veil began to lift. Gunilla was simultaneously working in the King's Chamber and making a connection to the center of the Earth. In order for the connection to happen, she was told to "let go." In sync with the lifting of the veil, Christ energy flowed to the center of the Earth. "What am I doing?" she asked. "Identifying with the process from a higher state of mind," was the answer. Meanwhile, Kerstin had been experiencing a connection to a huge star being. As soon as she let go and spoke the name, "Andromeda," she saw a stream of knowledge penetrating into the center of the Earth. "What am I doing?" she asked. "You are holding the energies of an intergalactic connection," was the answer.

Gary was continuing from where things left off yesterday with the spherical structure around Giza. Today, there was a collection of energy bubbles in the 12th dimension---hundreds and hundreds arranged in a disk-shape that covered the entire Giza plateau. They were filled with an energy of creative potential. The structure began to step down through the dimensions, one at a time, until it stopped in the 5th dimension. Then as the veil covering Giza began to clear away, the energy bubbles began to open and pour the pure energy of creative potential into the space of Giza.



When our work continued that evening back at the Fayed house, Ulla was initially in a new place and asked, "What am I doing here?" She was told that she was holding the space of infinite possibilities. The energies pouring into Giza were opening possibilities for humanity's 5th-dimension reality. At the same time Gary saw that the 4th- and 5th-dimensional realities were still entangled with one another. It was important that we make a complete break with the symbols of the past held in the 4th dimension, and especially we had to let go of old spiritual ideas. We were emerging into a new paradigm. Our group began to cancel energetic contracts, all the contracts that had to be released and completed before humanity could really move on. These were contracts with religious groups, spiritual guides, and everyone who held to the old paradigm. We did it for ourselves and for all humanity. Ascended Master Lord Maitreya, who we see as Earth's governor in the New Era, came into our circle to praise our work and said, "You are actualizing my message."

### Third Day - The Engine Arrives

This day we had intended to ride horses and camels out to the Solar Cross, the place that in our vision is the real center of the ethereal Giza complex, but security guards had closed the entrances to whole Giza plateau. Some important foreign minister was visiting that morning and everything was shut down. We rode past the usual entrance for horses and camels and headed around the security fence southwest of the pyramids. We set up our circle in a small area between two hills that shielded us from the noise of the trucks running up and down near the security fence, but we were still face to face with the plastic trash that accumulates in the desert.

Gary had gotten a message in the morning that we had work to do clearing away the low-level energetic debris that was still all around Giza---defunct temples, monuments and projections of all

kinds. It is the end of an era and the beginning of another. The end of this era is marked by the release of the old thought-forms that hold it in place. Ulla had a vision of the Giza plateau emptied of content. She was directed to the first dimension where she encountered a huge crystal that she neutralized and cleared. Its history had to be removed while no new programming for the future was added. Gary started in the second dimension clearing away the thought-forms and psychic debris up through the fourth dimension. In 3rd-dimensional reality, the Sphinx eventually appeared to be just a pile of rocks.

Kerstin had a vision of a ship that was gathering together the spirits being released from Giza, beings of many different kinds. After they all had been welcomed aboard, the boat turned and headed away, full of celebrating people. Gunilla had vision of light, some of it coming from the eyes of the Sphinx, liberating spirits and going out across the world. Thereafter, we synchronized and aligned the first four dimensions with the fifth so that they were completely neutral in relationship to the fifth. Then, it was back to the horses and camels for a very hot ride back to the Fayed house.

We waited for the break in the heat before we gathered on the roof for the evening session. Ulla was observing the fifth-dimensional Giza before she was taken through the Great Pyramid and up to Sirius. There she met with the Sirian Masters of Light who were strangely slow at getting around to something they wanted to say. "We want you to erase the head of the Sphinx. It is interfering with the start of the engine. It wasn't suppose to be there." It seems that the face had been added to the original structure and it had created a misdirection in the impact of the Sphinx. After carefully checking and rechecking what she had been told, Ulla returned and erased the energetic structure of the head. After that, the whole energetic body of the Sphinx became that of a lion.

There was other help. Kerstin was in a large fifth-dimensional meeting room with many other beings waiting for the start. The council of star beings assisting the Earth's transition entered in a ceremonial fashion. At a certain moment the whole room began moving up and down through the dimensions. Gunilla was in the King's Chamber of the Great Pyramid where a Condor came down once again holding the connection to Peru.

Gary had joined with the Hathor consciousness. One Hathor worked to guide him while others, hundreds, were standing ready above the plateau with a huge construction they had created. Through Hathor eyes Gary saw it as all harmony and ratios---no rush, no urgency. When they were all ready, it began to descend through the dimensions. In the high-dimensional realities, spirals were going in different directions and parts of the structure seemed to be turning upside down. Ulla saw the whole Giza plateau lift up and seemingly turn inside out. In the meeting room with Kerstin, the vision of a sunrise came up. Gunilla saw a huge being from the sun holding the Earth. When this vast Hathor construction landed, we all knew "The engine has arrived."

Standing before us in 5th-dimensional reality was a huge circular structure, a kind of multidimensional communications center (a significant expansion of the role that the Great Pyramid had once fulfilled). There were beings gathering from many star systems and many dimensional levels. In the 3D world, there stood the old Giza plateau. In higher-dimensional reality, we beheld the vision of a busy, multi-leveled complex. Gary heard "Transforming the rest of Earth will be much easier now!"

## Fourth Day - Sakkara

We took the 30-minute ride down the highway to Sakkara early in the morning to beat the crowds, not only the crowds, but also to find a place we could work away from the view of the security officers. When we arrived, we discovered that a great deal of construction work was being done to help restore the Sakkara pyramid. We needed to be far from the construction workers too. Abdullah led us around the wall of the Sakkara courtyard to the side of a small pyramid that gave us shade and also put us outside of everyone's view.

Ulla was taken to the Grand Masters of the Light who wanted to show her that the energetic grid around the earth was still unfinished in certain places and weak in others. For years we have been working to connect the Earth's great Cities of Light together into a network---Lake Titicaca, Cape Town, Bali, Mt. Kilimanjaro, Giza, etc. They now asked her to help make a connection between Giza and Mongolia (our next travel destination). They showed her a vision of an underground pyramid in Mongolia that would be important for stabilizing the New Earth. Both she and Kerstin held the connection between Giza and Mongolia for a long time while the guides did their work. Their vision was also directed toward Pakistan-India where Ulla saw an atomic cloud. The Ascended Masters said that there was a huge karmic issue there and it was impossible to predict the outcome of things. The vision alternated between war and peace.



After finishing up our work, we walked back to the Sakkara courtyard and spent some time in this wondrous, sacred site. We then drove to downtown Cairo to take lunch in one of the beautiful hotels from the old days before returning to the Fayed house for the evening's session.

## Giza is the Engine

Gary was taken up to a Sirian meeting hall where he met guides who showed him how the network of connections between the Cities of Light would be used. "Giza will be the engine that starts the whole Earth's transition." They showed how a light emanating from Giza would spread out through the network. Like a magnet, it would pull everything toward 5th-dimensional reality and 5th-dimensional consciousness. The whole Earth's energy field would change at the moment of the shift, while the effect of the change would take time to work out.

The Grand Masters of the Light, who are the overseers and judges of Earth's transition, entered the great Sirian meeting room. There were many others there, especially the Ascended Masters including Lord Maitreya who was on the central platform. The Grand Masters acknowledged all of the contributions that had been made. They said that the work had been in alignment with the Divine Plan. They would indeed give the ok to move onto the next phase. Then they left.

## Last Day - Last Session

Only one session on this day. We started after breakfast on the roof of the Fayed house while the air was still comfortable. It seems that the general meeting with the Grand Masters was the end of our Giza work. As has often happened on our last days, this day all four of us experienced personal healing and preparation for the challenges ahead.

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## Reflections

We ask ourselves what has been accomplished? We have helped to clear old thought-forms and limiting history from Giza and to shift Giza toward being totally in the present moment. We have learned that Giza is the engine that will start the moment of the Earth's transition, spreading energy out through the network of the Cities of Light. The new energetic structures at Giza are visible now to anyone who steps into 5th-dimensional consciousness. When all humanity attains 5th-dimensional consciousness, access to all Giza and the consciousness of the Sphinx will be open to all.

The Grand Masters tell us that the transition to the New Earth is locked in and unstoppable. At the same time, the final result is far from certain. It is very important for all of us now to be involved in shaping the final outcome. Humanity will be drawn into 5th-dimensional reality and 5th-dimensional consciousness, but it is a reality with which we have little experience. That reality is lacking the invisible network of shared ideas and feelings that holds the experience of the reality together, like the invisible network that shapes 3rd-dimensional reality for people now. It is like an apartment that remains unfurnished. Without a supporting framework, our brothers and sisters will probably experience a great deal of dislocation and uncertainty during the shift to 5th-dimensional reality.

***We must begin now to weave the fabric of this new reality.*** It is our job, humanity's job, to envision the possibilities of the New Era and to make something out of the creative potentials that are being poured in to places like Giza. Great things are possible! We can consciously choose to participate in this process and to commit our efforts to envisioning humanity's future. We can do this by centering in our hearts, asking to connect with 5th-dimensional consciousness and opening ourselves to the infinite possibilities that are available there. The New Era is certain, but the details are up to us.

### **New Earth Vision - Ulla Anderén and Gary Kendall**

*We work to assist the earth and her peoples toward their next stage of spiritual evolution. We have assisted the transition of the earth to the higher-dimensional New Earth through 'Earthwork' conducted across the globe. We also assist humanity's transition to fifth-dimensional consciousness by anchoring and activating the New Human energy field. We offer trainings in a method of energetic healing that can assist everyone in moving through this period of transition to the New Earth. For individuals who seek assistance along their path of spiritual evolution, we offer individual healing.*

*We have established this newsletter to share knowledge and to make connection with others who are called to this work, who want to learn from the teachings given to us and to travel with us to additional sites. Please, feel free to share this newsletter with others and to send us the email address of anyone who would like to receive future newsletters. And, if you feel called to participate in this work, write to us and let us know.*

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***Our Backgrounds.*** *We have both studied energetic healing in Mt. Shasta with Amora Quan Yin who is our principal teacher. We have both also worked with Peruvian healers, especially don Victor Estrada who is the person who introduced us to each other back in 2000. Ulla started her spiritual training in Sweden with Ambres while Gary started his in the US with Peruvian teachers.*

